Patient and Public Involvement (PPI) Case Study
Multimorbidity Research Advisory Group (MRAG)

The Multimorbidity Research Advisory Group (MRAG) was set up to involve patients and their carers in the development of resources and new research ideas and projects. Our early research identified a wide range of risks to patient safety in primary care and a long list of ways these risks might be reduced.

In our first two meetings, we asked patients and carers which risks to safety are most significant for people with multimorbidity, and which risks could be reduced through increased patient and carer involvement. Videos summarising these meetings are available on the NIHR Greater Manchester PSTRC YouTube channel.

Feedback from group members following these meetings, included:

- “thoroughly enjoyed the meeting yesterday really stimulating”
- “workshop was both productive and informative”
- “found it [the video] very interesting especially as I was unable to attend”

The MRAG currently has 19 members, who are people with multimorbidity and carers of people with multimorbidity. The group is organised by Rebecca Hays, Research Associate, and Brian Minor, Associate member of the Research User Group (RUG). Meetings are facilitated by the organisers, with support from other NIHR Greater Manchester PSTRC staff and students.

To date, the MRAG has supported and informed the development of two applications for further funding; one successful bid for an evidence-based co-design project (NIHR School for Primary Care Research), and one awaiting feedback for a study to help patients communicate better with healthcare staff (NIHR Doctoral Research Fellowship).